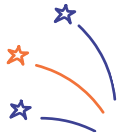


What is the name of your school?

What is your name?

Welcome to your warm-up activity!



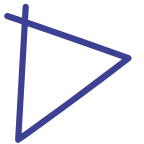
We know that some pupils can have concerns about starting tutoring.

To help future Action Tutoring pupils we want to put together messages with **advice from pupils like you** who are receiving tutoring this year.

Your advice and experience could make a real difference for future pupils. This activity is designed to help you create your message. The message you create at the end of the activity doesn't have to be perfect - just be **honest and kind**.

What's this all about?

First, you're going to read some short messages from pupils who have had tutoring with us. They speak honestly about what it felt like at the beginning and how things changed for them over time.



As you read the messages, think about what feelings or experiences sound familiar to you.

1. Read the following messages from previous Action Tutoring pupils:

These are real messages from former Action Tutoring pupils. We asked their permission to use their words, names and photos.

A message from Olivia, 17



"To begin with, I felt really out of place in tutoring. I felt like everyone else was better than me at maths and I was being left behind. Things got better with time, especially when I started asking questions when I was stuck. My tutor was really understanding and explained things clearly. Over time, things just started to click. I felt my confidence grow and, eventually, I passed my GCSE, which I never thought would happen. The key was sticking with it."

A message from Amir, 17



"At first, I felt a bit anxious coming to tutoring as I was really struggling in maths. Whenever a teacher asked me a question in class, my brain would just go blank and I would get so embarrassed. I thought tutoring would be the same but it was completely different. When I didn't understand something, I could actually stop and ask for help. We were all there for the same reason, so nobody judged anyone. I realised I wasn't bad at maths, I just needed some help. In the end, I got a 4 in my GCSE which I was so proud of!"

A message from Sara, 17

"At first, I didn't really think I needed tutoring. I was close to getting a 4 but I found some topics really hard and I never said anything because I didn't want people to think I was stupid. What helped was just turning up each week. I got to know my tutor and I realised I could ask questions - they were literally just there to help. We worked on the topics I found hard and I practised between sessions. I actually got a 5 in my GCSE and it felt amazing to see my hard work pay off!"



2. Think about your own experiences.

It's normal to find things difficult when you are just starting them. Take two minutes to think about:

A time when you weren't sure if you fit in at first, but things got better over time.

Why you felt that way.

What helped things to change or improve for you.

3. Write a message to next year's Action Tutoring pupils.

Next year, a new group of Action Tutoring pupils will be about to start tutoring. Some of them will be nervous and won't know what to expect.

To help them, **please write a short message** (about three to six sentences) to a future pupil who's just starting out with tutoring, like you once did. Think about your experience of tutoring so far and what you expect the rest of tutoring to feel like. This should take around five minutes.

This is your chance to **pass on what you've learned**, and help future Action Tutoring pupils.

